

Kitchen Table VBS



Holy Week Edition

An At Home/Social Distancing VBS curriculum

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All activities in the curriculum use common items you may have around your home or can-do online order through a grocery store chain. Social Distance is encouraged in the curriculum, though outdoor elements can be used in various activities. Each Lesson also includes a technology element that can be skipped if your family is going tech free for the day.

My prayers are with you during this time. Please reach out if you need anything.

Supplies are listed in order of use

Supplies: Bible (I used the Whirl Lectionary Story Bible)

Day 1

White Paper, Green Paper, or Brown Paper

Palm templates at the end of this list

Crayons, Markers, Or Colored Pencils

Speaker for a phone or laptop

Day 2

Small jars, glass if possible, with a lid

Jar decorations, paint, glitter, stick on gems, hot glue

For Perfume:

Essential oils of choice. I recommend citrus and mint oils

Neutral oil for blending. Coconut, almond, or jojoba oil.

Paper towels

Day 3

Crayons, markers, colored pencils, paper

Non-breakable table wear

Day 3 Extended Craft

2 1/4 cups all purpose flour

1 1/4 cup yogurt (or full-fat plain yogurt or sour cream)

1 teaspoon sugar

2 teaspoons baking powder

2 tablespoons oil (for cooking)

1/2 teaspoon salt

1/4 cup butter (melted)

Day 4

Popsicle sticks, sticks, yarn, glue, playdoh, magformers, legos, etc.

Candles or flashlights, black or dark cloth

Day 5

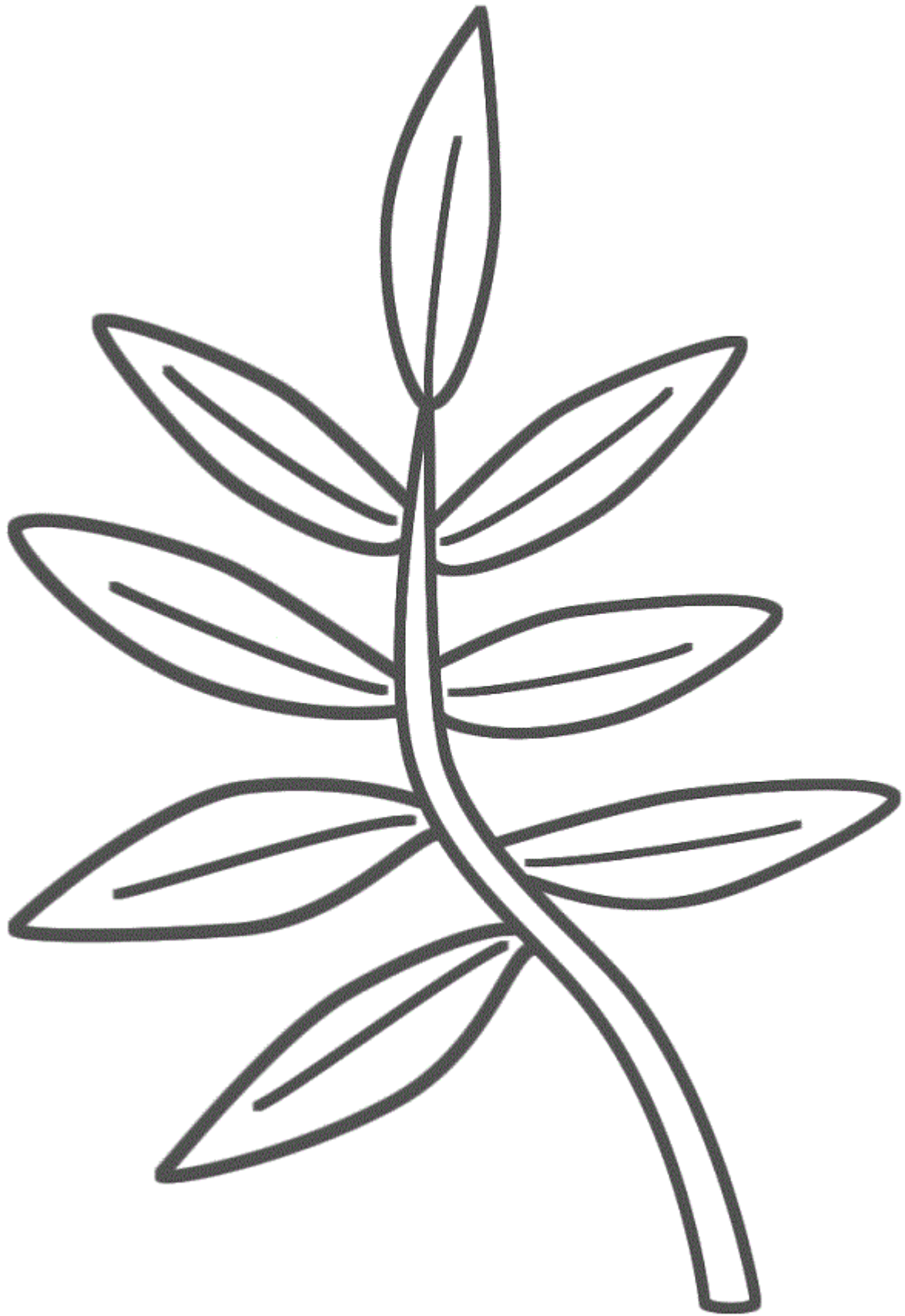
1 pkg. refrigerated crescent dough

1 bag large marshmallows

1/2 cup butter, melted

3/4 cup sugar

2 tablespoons cinnamon





Day 1

Hosanna!

Bible Story: Matthew 21: 1-11, Mark 11: 1-11, and Luke 19: 28-40

Read the Scripture or story out loud. Discussion Questions:

What would you be excited to see in a parade?

What do you do at a parade?

How would you celebrate Palm Sunday?

What makes you grumpy when other people celebrate, or make a big to do over something?

Craft: Using the template provided, create palms for you to wave. Cut out your palms on green paper, or print the page as a coloring page, and make your palms green.

Active Play: Make a parade route in your backyard. Research a Hosanna song to sing. My favorite is: Hosanna Loud Hosanna from VeggieTales! Have a Palm Sunday procession in your back yard. Put on your favorite music and have a parade to celebrate Jesus entering Jerusalem. Have a full out celebration! Lay down a blanket or a coat in celebration as well.

What would you want Jesus to pass by as he enters the city? What do you think Jesus saw from the colt?

Research This! How long was the route between where Jesus started, and the temple? How fast do you think a colt can travel? How long do you think it would have taken Jesus to enter the city?

Watch That? Look for the Crossroads Kids' Club video God's Story: Palm Sunday

Prayers: Dear God, help us to celebrate your presence in our life. Help us to find joy and have fun in all of our days. Amen

Day 2

Expensive Perfume on Sandy Feet

Scripture: John 12: 1-8

What kind of perfume do you think the woman put on Jesus' feet?

Why do you think Judas got upset about her putting the perfume on Jesus' feet?

How much do you think it would cost to feed hundreds of hungry people?

In today's money, how much do you think the perfume was worth?

Why do you think Jesus thanked the woman?

How would you feel if you watched someone pour out something expensive on Jesus' feet?

Research this! What kind of perfumes and oils were used during Jesus' time? What kinds of things are perfumes made of? When would/are anointing oils used? What is one of the most expensive perfume ingredients?

Craft: Decorate your jar or bottle that you would put expensive perfume in.

Extended Craft: Create your own perfume. Add 2-3 drops of your preferred essential oils into your carrier oil, and make your own perfume! Use at least 2 tablespoons of your neutral oil for the 2-3 drops of your essential oils. Stir to combine and fill your decorated jar.

Active Play: Put on a pair of sandals, and go on a socially distant walk. How dirty could your feet get?

Watch that? Look for The Global Gospel 084- Mary Anoints Jesus' Feet

Prayers: Dear God, help us to remember to use the good things we have to help others. Let us celebrate the special things that bring us joy. Amen

Day 3

Maundy Thursday

Bread and Wine with Jesus

Scripture: Matthew 26:14-29, Mark 14:1-25, and Luke 22: 14-23

What do you think Jesus and the disciples would have eaten at this meal?

Why do you think the disciples didn't believe Jesus that someone would betray him?

Why do you think Jesus took the time to remind the disciple's of God's love and forgiveness?

Why do you think Jesus instructs them to celebrate this meal in remembrance of Him?

Research This!: Look up famous images of the last supper. Who are some of the artists that have created depictions? Where can some of these be found? Why depiction is your favorite?

Craft: Draw their own depiction of what they think the last supper looked like. Make your own placemats for dinner

Active Play: Using non-breakable table wear, race to set the table. Who can set the table the fastest in your family?

Dress up in your best outfits, use the good dishes and celebrate a family meal together!

Extended Craft: Make your own Flatbread

Step 1: Gather your ingredients from the supplies list.

Step 2: Melt the butter and set aside to cool, add the salt to the butter.

Step 3: In a bowl, whisk the flour, sugar, salt, and baking powder.

Step 4: Add the yogurt and combine with your hand until smooth or use a stand mixer and mix on low until the dough is smooth and elastic.

Step 5: Place the dough on a floured work surface and knead for 5-10 minutes until the dough is smooth. Roll into a ball.

Step 6: Cut the dough ball into 6 pieces and work with one at a time. Roll each dough out with a rolling pin to form a circle. (like a tortilla)

Step 7: Heat a tablespoon of oil in a skillet over medium-high heat, brush the rolled-out dough with the butter mixture and place the dough into the hot skillet (butter side down) and cook 1-2 minutes depending on how hot the skillet is. Don't overcook the dough if not it will dry out and might break.

Step 8: Brush the top side with butter mixture and flip to cook for about 1-2 minutes.

Keep finished flatbreads wrapped in a damp towel on an oven safe plate in a low oven to keep warm until you eat them!

Watch That? Watch St. Luke's Maunday Thursday worship service as a family.

As you watch the altar being cleared, turn down lights in your home, put away bright things and finish the evening in silence or quiet.

Prayers: Dear God, help us to remember that when we gather together and share communion, we are reminded of your love and sacrifice for us. Help us to be reminders of that love for others. Amen.

Day 4

Good Friday

Pilate's Questions

Scripture: Matthew 27:11-31, Mark 15: 1-15, Luke 23:1-25, John 28: 33-37

Why do you think every time Pilate asked Jesus a question, Jesus responded with a question?

What do you think the crowd would have been like that followed Jesus as he was taken to Pilate?

How would you have felt as a disciple of Jesus during this time?

Why do you think Pilate asks Jesus why the people are so angry with Jesus?

What kind of kings and queens have you heard about?

Research This! Many different cultures and times have used different depictions of the cross. What kinds of crosses can you find? What are some different cultures or countries that have their own types of crosses. What are some other religious images those cultures or countries use?

Craft: Create a cross using objects around your house to decorate the space you will be worshiping in. Use black fabric to drape the cross.

Watch That? Watch St. Luke's Good Friday worship service. The link is available on our Facebook Page and our website.

Active Play: After worship, put away anything that makes noise or has bright lighting. Use candles or flashlights to complete your evening routine. What was it easy to do in the darkness, what was hard to do in the darkness?

Prayers: Pray the Lord's Prayer together:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; lead us not into temptation, but deliver us from evil, for thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Day 5

Easter-Christ Has Risen!

Scripture:

Craft:

Resurrection Biscuits

1. Preheat oven to 350 degrees, and grease a muffin tin.
2. Prepare a small bowl of the melted butter (for dipping) and another small bowl with the cinnamon and sugar mixed (for dipping).
3. Separate crescent dough into triangles, and place a marshmallow on each one (see image 1). The marshmallow represents the pure body of Jesus. As a teaching tool, children can dip a marshmallow in the butter and the cinnamon-sugar mixture to represent the burial oil and spices that were used on Jesus' body. However, the seams of the crescent rolls seem to stay sealed better with plain marshmallows, so maybe just dip a few.
4. Seal the edges of the dough around each marshmallow and explain that it represents that tomb of Jesus that was securely sealed after he was buried inside.
5. Roll the dough in your hands to form a smooth circle.
6. Dip the dough in the melted butter.
7. Roll the dough in the cinnamon sugar mixture.
8. Place each roll in your greased muffin tin.
9. Bake for about 15 minutes.
10. Allow the "tombs" to cool slightly before children open them to see that they are empty (the marshmallow melts away and leaves an "empty tomb")!

Read Matthew 28:1-6 for an excerpt of the resurrection story and repeat together, "He is not here; He has risen!"

Active Play: Head to church and participate in our no-touch social distancing Egg Hunt! We've hidden rocks on the church campus. How many can you find? Remember to stay socially distant, and that our playground equipment is closed.

Research This! What are some different Easter celebrations from around the world? Which celebrations or activities can you do at your home?

Watch That? Watch our Easter Worship as a family. Link available on our Facebook page and website!

Prayers: Dear God, we give thanks for the resurrection of your Son who has risen from the grave. We give thanks for your love and presence in our lives. Amen